

Please fill out the application and send to Dr. Joe at dr.joe@thedietdoc.com

Personal Information:

Name:
Email Address:
Phone Number:
Mailing Address:
Age:
Occupation:
What motivated you want to pursue competing?

Contest Information:

Contest experience including years, placements, and weight:
Contest goals including dates and specific shows if applicable:
Preferred nutrition/diet method and/or experiences:
Training experience:

Life Experience Information (limit to 3-4 sentences):

What is your favorite quote or life mantra, or at least one you find meaningful?
If you could visit any destination, where would you go and why?
List a couple of your favorite books, movies, or bands/musicians and tell me why they're awesome:
Tell me the most important or interesting thing about you that you feel is unique, a strength, unknown, or a passion not related to health/fitness:
Why do you want to work with me; what do you hope to gain from the experience?